



BOOT CAMP

with Fusion's certified trainers
Julie Ferachi & Nicki Woodward

Mon, Wed, and Fri

9 am & 6 pm

Come to one or the other or BOTH!

Session I:

March 9th – April 3rd

and

Session II:

April 13th – May 8th

\$160 per session

(non-members \$199 per session)

***Payment must be paid in full prior to your consultations.
Consultations will be held between 9am – 12pm on February
28th. If you sign up after February 28th, the price is \$180 and
you must call to schedule your consultation.***

- ***Be More Confident***
- ***Increase Muscle Tone***
- ***Have More Energy***
- ***Lose Weight***
- ***Decrease Stress***
- ***Improve Body Shape***